

### HOSPITAL AND HEALTH SERVICE REDEVELOPMENT

Newsletter 07 | MARCH 2018

### Changes to staff parking

Planning on the Goulburn Hospital and Health Service Redevelopment is still under way, and we will soon begin early works to prepare the building site for construction in advance of receiving state planning approval.

Site works will commence at Goulburn Base Hospital on **Wednesday 4 April 2018** to prepare for the Community Mental Health extension to the Community Health Building.

This will affect the current fleet and staff parking.

#### What does this mean?

As of **Wednesday 4 April 2018** the current allocated fleet, disability and staff parking will be reduced with changes to the existing carpark. The limited spaces available will be reserved for fleet and disability parking only. This means that staff and private vehicles will need to make use of public parking areas further away from the hospital. You will need to consider parking away from the immediate campus area, car-pooling, riding a bike or walking to work.

This also means that you will be seeing more construction activity occurring around the Community Health building as the site hoarding is installed. There may be some noise and vibration as well as an increase in construction vehicle movements throughout the area.

With the increase in construction activity and disruption across the site, our priority is ensuring that staff, patients and visitors are kept safe while these works are ongoing.

Goulburn Hospital and Health Service Redevelopment early works begin

#### **WEDNESDAY 4 APRIL 2018**

Please contact the team at <u>SNSWLHD-GoulburnHospital-</u> <u>Redevelopment@health.nsw.gov.au</u> for any questions or concerns.



Current fleet and staff parking will be affected.

#### What can I do?

Plan ahead. Find a new place to park and work it into your current routine. Spaces closer to the hospital should be left for patients, visitors and evening staff to help ensure their safety. In the event that parking is not available close to the hospital or cars can't be moved during a shift, evening staff are urged to contact HASA at the end of a shift to ensure they get to their cars safely.

Boundary footpaths will also be set up for the safety of our community. Staff travelling between GoBH, CMH and CH buildings are urged to walk along the designated footpaths only.





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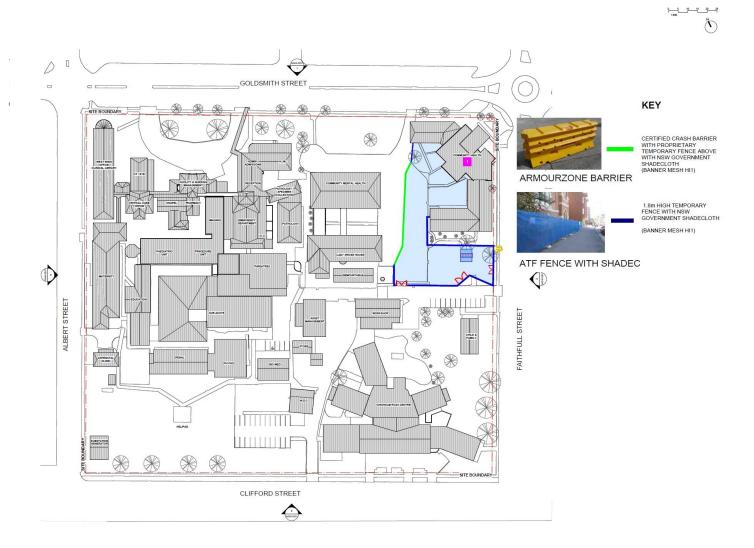
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### **Disruptions to parking**

Site works will commence at the Community Health Building on **Wednesday 4 April 2018** and will continue through to September 2018.

Hutchinson Builders will be constructing an extension to the existing building which will increase its size by approximately 275 square metres, to house the Community Mental Health Drug and Alcohol Team.

During this time the construction program requires excavation of the building pad, installation of in-ground services, ground slab, structural framing, roof and wall cladding, interior finishes as well as some minor landscaping.







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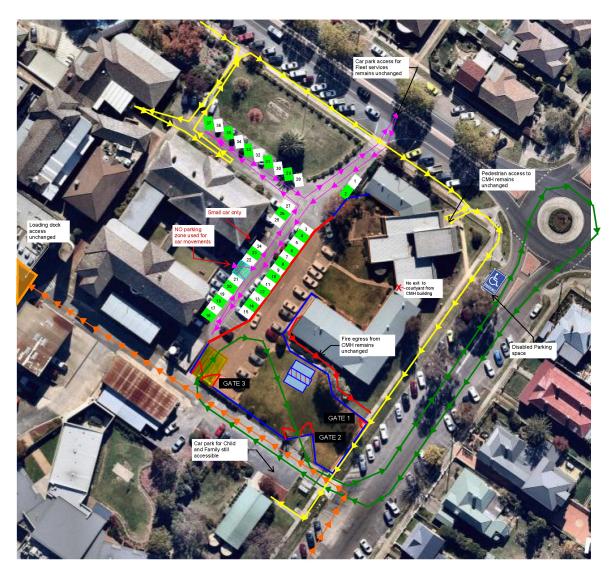
### **Hospital access**

A site boundary will be installed as of Wednesday 4 April 2018.

- Pedestrian access is highlighted in yellow below
- Hospital fleet service access is highlighted in pink below
- Loading dock access is highlighted in orange below

We endeavour to minimise the amount of disruption to the hospital, however there may be times where disruptions are unavoidable.









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### Sign up for 10,000 Steps

Pre-empt the Easter indulgence.

Sign up to the 10,000 Steps Challenge and compete against your colleagues or other GH&HS department teams.

Studies show that by increasing your activity levels you'll feel happier, more energised and more relaxed. Adding to your step count can also lead to:

- Better weight management
- Better sleep
- Reduced risk of a heart attack
- Lowered blood cholesterol level
- Lowered blood pressure
- Lowered risk of type 2 diabetes
- Stronger bones, muscles and joints
- Lowered risk of falls

More information on the *10,000 Steps Challenge* will be sent out shortly.

In the meantime, please contact Natasha Neppl at natasha.neppl@health.nsw.gov.au to register your interest.

### **Parking options**

Additional parking is available on Faithfull, Clifford and Goldsmith streets.

- Faithfull Street (from Verner Street along Victoria Park) is about a 10-12 minute walk to the main entry.
- Clifford Street along Victoria Park is a 3-5 minute walk to the main entry.
- Goldsmith Street (from Cowper Street intersection to Faithfull Street intersection) is a 3-5 minute walk to the main entry.



### **Contact**

To find out about what's coming up and when, keep an eye out for the project newsletter.

As always, if you have any questions or concerns, please contact Kerry Hort on 0428 257 072 or email us at SNSWLHD-GoulburnHospital-Redevelopment@health.nsw.gov.au

